

Testosterone Test or Testosterone Treatment Review and General Non-Urgent Review

You have chosen this option because you are due for a testosterone review or have a non-urgent query. Starting **6th January 2025**, we restructured the review system. Previously, this would have cost you 150 AUD, but now it is going to cost 50 AUD. Another reason to choose this avenue is the **non-availability of slots** for individual bookings.

We conducted a **pilot session** 2 weeks ago, and the feedback was very positive. Participants found it informative, accessible, and useful for future management, which may even help avoid booking extra sessions. **They told us, "It was a very good idea."**

Testosterone Blood Test Guidelines

1. Blood Tests Timing:

- **Before Starting:** A blood test is required before starting testosterone therapy.
- **6 Weeks After Initiation:** To assess how your body is responding to the treatment.

- **Twice a Year:** Once levels are stable and symptoms are well-managed with the current dose.
- **Whenever Dosage Changes:** A blood test is needed to reassess levels and ensure appropriate adjustment.

2. Timing Before Appointments:

- Ensure your **testosterone blood test is completed at least one week** before your appointment.
- **Turnaround Times for Results:**
 - **Clinipath or Clinical Labs:** Results are usually available within **48 hours**.
 - **Pathwest or Western Diagnostics:** Results may take **up to a week**, so plan accordingly.
- **Out-of-State Testing:** Always allow at least a week for results to arrive.

3. **Booking the Webinar:** You can book your webinar ahead of time while waiting for your results to be ready. To book the Webinar Session please click on this link:

To Book the Webinar Session click **Fortnightly Webinar Group Session on our Home Page or click Book Online and choose Fortnightly Webinar.**

Webinar Details for Non-Urgent Reviews

If you booked the webinar for a non-urgent review, follow these instructions:

1. Webinar Timing:

- Held on Fridays, **alternating weeks**.

2. Cost:

- **50 AUD** per session.

3. Participant Confidentiality:

- Only initials will be visible for confidentiality.

4. Session Admission:

- The host (admin) will admit participants at **10 AM** on the scheduled day.

5. Video Option:

- You may choose to have your **video on or off**. If it is on, other participants will be able to see you.

6. Submission of Queries:

- Email any queries or requests to **info@purity.health** **48 hours before** the webinar (or at least 24 hours before).
- This gives Dr. Purity time to review your requests and correlate them with your notes.

7. During the Session:

- Dr. Purity will **answer all questions generically**, without mentioning names.
- If your question is not addressed, you may use the "Raise Hand" feature on Zoom, and Dr. Purity will ensure all questions are covered.
- To keep the session efficient, we kindly ask that you limit your questions to **three per person per session**.

8. Duration:

- The session will last a maximum of **40 minutes**, with a target of **30 minutes**.

9. Follow-Up:

- After the session ends, Dr. Purity will spend **20 minutes issuing prescriptions** and briefly calling those receiving scripts.
- As per **AHPRA regulations**, doctors must speak directly to patients before prescribing or making clinical decisions.

If you need another review 6 weeks or 6 months after the session you will book in much the same way.

To Book the Webinar Session click **Fortnightly Webinar Group Session on our Home Page or click Book Online and choose Fortnightly Webinar.**

We highly value your feedback. Please send us your thoughts at info@purity.health, and we will use it to streamline the system or develop an improved one.